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**FISCAL YEAR 2015
CHILD AND ADULT CARE FOOD PROGRAM
FAMILY DAY CARE HOME SPONSOR MEMORANDUM #22**

TO: Family Day Care Home Sponsors

FROM: Marla J. Moss, Director
Office of School Support Services

DATE: May 29, 2015

SUBJECT: Voluntary Menu Labeling in the Child Nutrition Programs

The U.S. Department of Health and Human Services, Food and Drug Administration (FDA) published the final rule, *Nutrition Labeling of Standard Menu Items in Restaurants and Similar Retail Food Establishments* in the Federal Register (79 FR 71155) on December 1, 2014. This rule requires that calorie information be listed on menus and menu boards in chain restaurants and similar retail food establishments, with 20 or more locations, to provide consumers with more nutritional information about the foods they eat outside of the home. The purpose of the FDA rule is to make nutrition information available to consumers in a direct and accessible manner to enable them to make informed and healthful dietary choices. The rule becomes effective December 1, 2015.

Under this new FDA regulation, restaurants and retail store operators must print a calorie statement on menus for all standard menu items. They also must make available, upon request, nutrition information for 11 nutrients for these menu items. The nutrients that must be made available include: total calories, calories from fat, total fat, saturated fat, trans fat, cholesterol, sodium, total carbohydrates, dietary fiber, sugar, and protein.

Schools operating under the National School Lunch or Breakfast Program are specifically excluded by this new rule, as are institutions operating the Child and Adult Care Food Program and sponsors operating the Summer Food Service Program, and therefore are not required to implement these requirements. However, Child Nutrition Program operators may voluntarily implement similar initiatives.

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Making nutrition information available to students and parents may help students make more informed choices about the foods they select and consume at school. Schools and day care providers may already have much of this nutritional information on hand for reimbursable meals served at school and for a la carte Smart Snacks sold on campus in the form of standardized recipes and food product labels.

For more information about the FDA menu labeling regulation visit:

<https://www.federalregister.gov/articles/2014/12/01/2014-27833/food-labeling-nutrition-labeling-of-standard-menu-items-in-restaurants-and-similar-retail-food>

Schools and day care providers can refer to the following resources which may be helpful for developing and implementing a menu calorie labeling program:

Nutrient Analysis Protocols: How to Analyze Menus for USDA's School Meals Programs <http://healthymeals.nal.usda.gov/menu-planning/menu-planning-tools>

National Nutrient Database for Standard Reference:
<http://ndb.nal.usda.gov/ndb/foods>

USDA Supertracker Food-A-Pedia: <http://www.supertracker.usda.gov>

For questions regarding this memorandum, contact the Child and Adult Care Food Program at 517-373-7391.